

Career e-Volutions Express – Target Training. This is a 2-week online workshop for job seekers looking to pursue training through Skills Development before returning to work. With access via the Internet, you can participate at times convenient to your schedule, while our structure helps you stay on track. You will have one-to-one personalized support throughout from an e-Facilitator.



Target Training is a 2-week online workshop for participants pursuing SD funded training.

Target Training is ideal if you:

- Are likely to pursue and complete a Skills Development funding application within 12 weeks following the workshop.
- Have identified 1-3 potential career training options for researching and verifying.
- Are gathering necessary information and research to help fill in your SD funding application.
- Are able to commit to approximately 3 hrs per day of workshop participation.



Topics:

Getting Started - Becoming familiar with the online workshop environment

Myself - Assessing personality, work values, interests, transferable skills, and work needs

My Career - Researching career ideas and labour market information

My Training - Researching suitable training programs; assessing readiness for training

After actively completing the workshop, you will have an understanding of your personal fit to your career choice, know the opportunities in today's labour market, and have a plan for success in your chosen training program.

If you are interested in this workshop or have questions, please contact us at **604-298-4720 ext. 247** or **1-866-298-4757 ext. 247** to schedule an initial phone meeting.